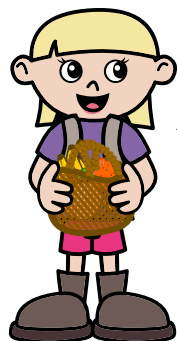


Healthy Snacks Taste Great Sheet



I'm
an Eat-Smart
Kid



I'm
an Eat-Smart
Kid

Color the box	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Healthy Snack 1	☺	☺	☺	☺	☺	☺	☺
Healthy Snack 2	☺	☺	☺	☺	☺	☺	☺

Here are some healthy snacks that taste great and help you be an

Eat-Smart kid:



carrot sticks, peanut butter on celery, nuts, yogurt, apple slices

List your favorite snacks: _____