

CLOWN FACE RECIPE

Chef Solus found a super fun and super simple way to make a clown face using some of his favorite vegetables!
Come On Let's Make One!



This recipe was shared by **The Art of Nutrition**
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Ingredients:

- ✦ 2 Potatoes, Peeled, Sliced Thinly Around into Circles and Steamed (Boiled) for face
- ✦ 2 Cherry Tomatoes for nose and hat bobble
- ✦ 1 Large Celery Stick Sliced for hat
- ✦ Slice of Red Capsicum (Red Bell Pepper) for mouth
- ✦ 1 Carrot Peeled into Thin Strips for hair
- ✦ 2 Slices of Olive for pupils
- ✦ 4 Thin Slices of Red Cabbage for eye crosses (could use any veggie you have handy)
- ✦ 4 Wholemeal Pasta Spirals for additional hair
- ✦ 2 Baby Spinach Leaves for the bow tie.
- ✦ 1 Top of a Carrot for the bow tie.
- ✦ 1 Large Plate



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Step 1:

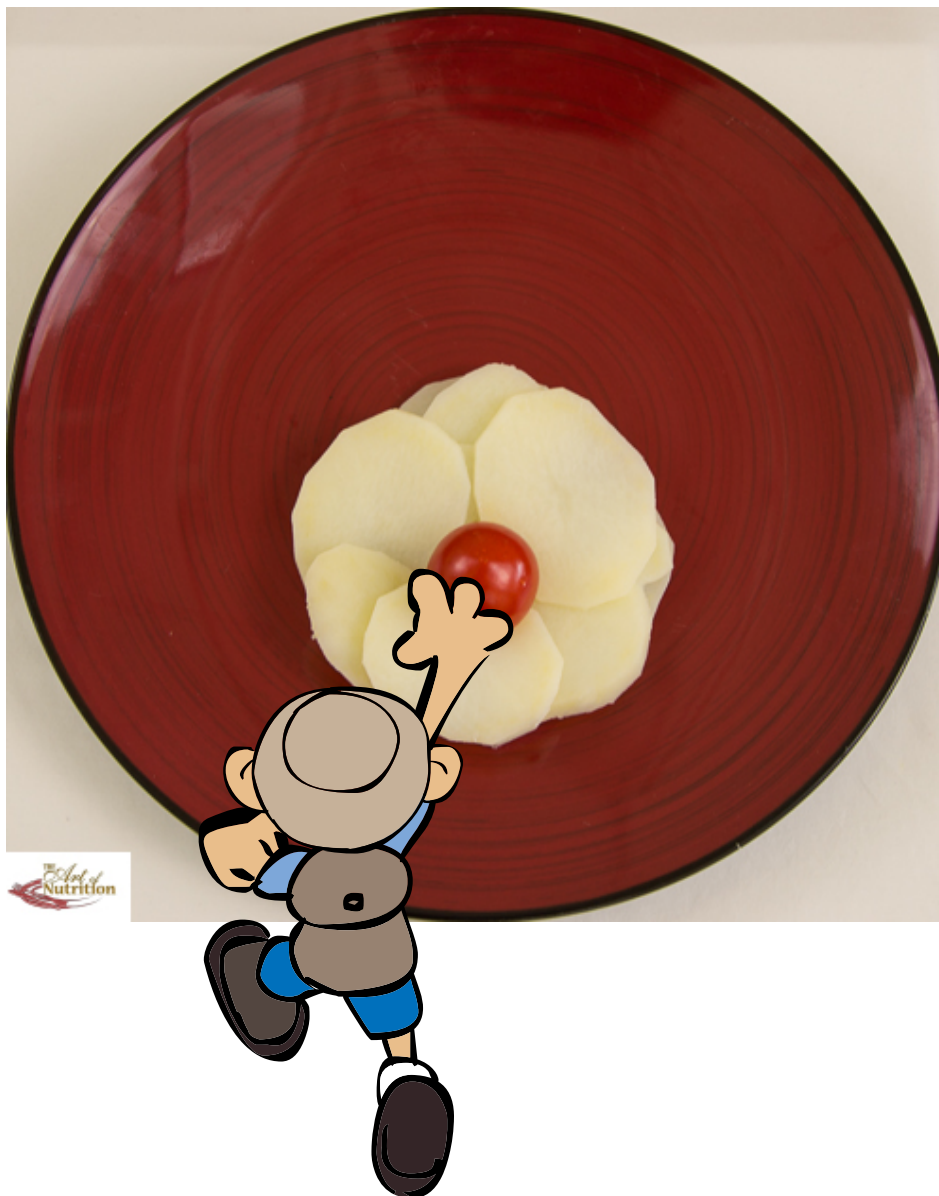
Take the potato slices and make into a round shape for the face.



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Step 2:

Add a tomato for the nose (slice the very top off so it doesn't roll).



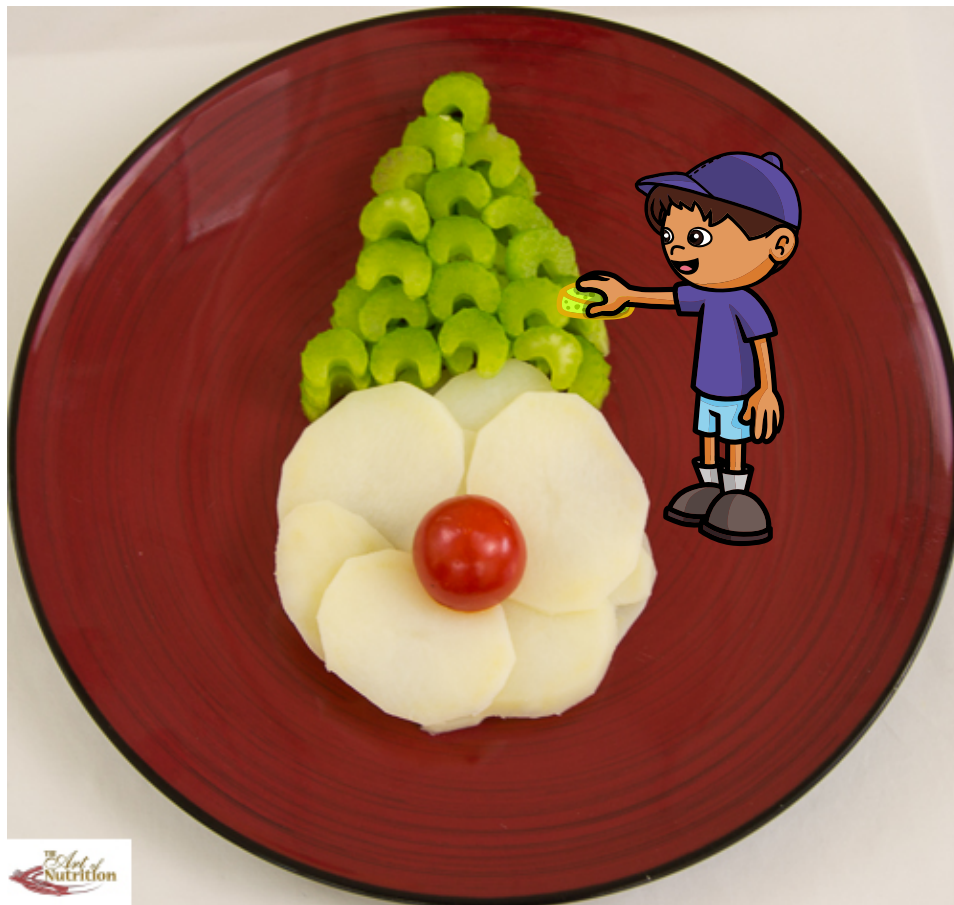
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Step 3:

Use the sliced celery to build the triangular shaped hat.



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Step 4:

Add a slice of capsicum/bell pepper for the mouth and two crosses for eyes.



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Step 5:

Place the other cherry tomato on top of the hat as a bobble.



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Step 6:

Add peelings of carrot as hair (roll around the fingers first to encourage them to curl). I also added a few pasta spirals.



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Step 7:

Add slices of olive as pupils.



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Step 8:

I used baby spinach and the top from the carrot to create a bow tie.



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